

The Bubishi Karate Do Organization, Inc.
(Not-For-Profit) New York, USA, 1995



Editor: Katherine Loukopoulos
Email: kloukopoulos2001@yahoo.com

Issue # 34 Sept, Oct, Nov, Dec, 2015
© 2015 Katherine Loukopoulos

The Cover

St. Pölten is not only the oldest town in Austria, but also the capital city of Lower Austria. The long history of St. Pölten is reflected in the unique structure of the city. Many buildings in Baroque and Art Nouveau style characterize the old town and refer to the magnificent architecture of centuries long gone by. However, great present-day architects have also provided the city with modern buildings perfectly fitted into the townscape. This means that there is no strict separation between the present and the past. The culture and leisure time program in St. Pölten is very diverse and there are plenty of possibilities to discover the town every time anew.

Christmas time is a reflective time in Austria. Especially the old towns show their individual beauty as they are nicely decorated for the upcoming Christmas celebrations – lights and candles are lit everywhere. St. Pölten is also ablaze with light in Advent. Furthermore, the traditional Christmas markets with the many different stalls await guests. They sell traditional handicraft products as well as culinary delights. And the waiting time for Christmas passes a lot quicker with a glass of mulled wine or hot punch. Music and various events ensure that visiting the Christmas market is always a great experience.

Source: <http://www.tiscover.com/at/destinations/st-poelten>

Editorial – Something to think about...

The Ochayagoten Celebration.

This unique historical record was uncovered by the historian Tokashiki Iken. It is the program for the last celebration of a Chinese envoy (Xhao Xin) to Okinawa in 1867.

The show had three parts; one of them was martial. The martial arts program was as follows:

1. Timbe & Rochin (turtle shield and blade) by Maeda Chiku.
2. Bo-jutsu vs. Sai jutsu by Maeda Chiku and Aragaki Tsuji.
3. Seisan Kata by Aragaki Tsuji.
4. Bo-jutsu vs. toudi (toudi is the old name of Karate) by Maeda Chiku and Aragaki Tsuji.
5. Chishaukiun (Okinawan name for small stick) by Aragaki Tsuji.
6. Timbe vs. Bo-jutsu by Tomura Chikudon and Aragaki Tsuji.
7. Teshaku (Sai kata) by Maeda Chiku.
8. Kyusho-jutsu (pressure points) by Maeda Chiku and Aragaki Tsuji.
9. Shabo (Bo Kata) by Ikemiyagusuku Shusai. Shusai is a title given to aristocratic boys who would later be in the service of the King.
10. Suparinpei Kata by Tomura Chikudon.

One interesting point about this program is that Goju Ryu Kata Seisan and Suparinpei were demonstrated before Higashionna Sensei even went to China. Perhaps Higashionna Sensei learned them before his trip to China?

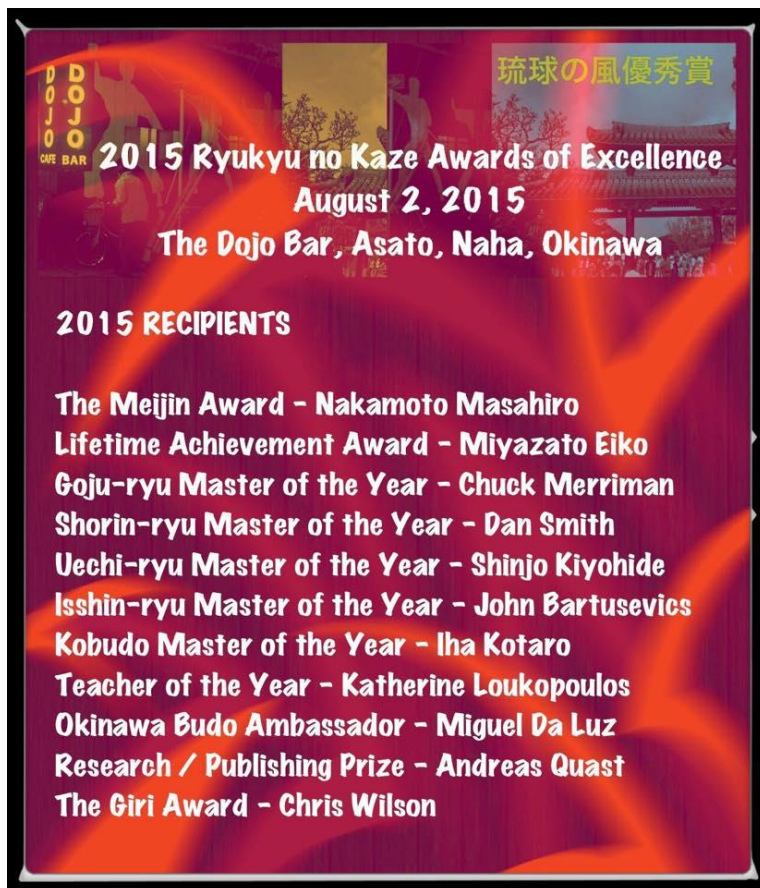
Another interesting point is that the demonstrators for this exhibition came from Kume Village where the scholars sent by the Ming Emperor settled in 1368 and which is famous still as a martial arts center.

- We have proof that Chinese martial arts were on Okinawa at least as early as 1687.
- We have a written record of an accomplished martial artist named Kushanku on Okinawa in 1762.
- We know that karate under the name of Toudi Jutsu was demonstrated openly in 1867.
- We know that kata called Seisan and Suparinpei existed before Higashionna Sensei introduced them.
- We know that Okinawa kata dates back at least 327 years to Wankan.
- We know that karate isn't as secret as we have been led to believe; if Okinawans demonstrated it at an official ceremony (some Japanese must have been watching).
- We know that the practice of kata is what brought karate from antiquity to modern times.
- We know that weapons played a large part in the karate training. Seven of the ten exhibitions were with weapons. Two were empty hand kata, and one was pressure points. None were sparring.

Source: The Karate Tapestry – Part 3, There's a Beginning Somewhere, May 26th, 2015



Chinen Castle



I sincerely would like to thank Cezar Borkowski Sensei of Toronto, Province of Ontario for including me in his 2015 Ryukyu no Kaze Awards of Excellence. Taken by complete surprise for this honor, I could not possibly perceive myself in being included in the same company with the other recipients. A big BOW to all of you!



The Greek island of Lefkada, rising from the Ionian Sea south of Corfu, is famed for its white beaches and vertical cliffs from which the poet Sappho is said to have leaped to her death.

The island is also claimed as the one of the potential sites of Homer's Ithaca, home of the great wandering hero Odysseus.

Patrick Lafcadio Hearn (1850-1904) — named after Lefkada itself, but better known in Japan by his adopted name “Yakumo Koizumi” — is regarded by many as one of the greatest Western interpreters of Japan.



In July 2014, a museum was opened on the island commemorating the life of its other wandering son: Lafcadio Hearn.



Photos by Mr. Pavlos Logothetis, October 4th, 2015



We LOVE our dojo!



Excellent Zenkutsu by Nikos Theodorou (left) and a perfect Shiko Dachi by Judoka Dr. Dimitrios Zaharopoulos (right). Getting ready for Okinawa!



Don't misjudge her, Anfisa Zaichenkina is dangerous!



Even though the Nunchaku is a bit small, Nikolaos Girginoudis performs well... A weapon is a weapon! Size does not matter!



There is nothing better than sharing a meal after an intensive three hours of training!



WHF Regional Director of East Europe & Middle East Vagelis Thanos Sensei and I took a few moments to admire his ultramodern, spacious new dojo at Argyroupolis. A job well done! October 9th



From Glasgow, UK, Shotokan Legend Loney McCrae Sensei together with his lovely wife Evelyn visited Athens for just one day. Jindokai's Nikos Theodorou Sensei and I spent some quality time together and reminisced the great days we all had in Zimbabwe one year earlier... October 13th



From Vienna, Austria, Jundokan's Goju Ryu Rudi Zampa Sensei with his wonderful wife Ruth Weixler arrived in Athens for the first time for some rest, relaxation, and hard Kobudo work.



"All About Tunfa just for Rudi Zampa" started with basic Tunfa Skills... October 24th



Front Row Left to Right: Nikolaos Theodorou, Anfisa Zaichenkina, Dr. Dimitrios Zaharopoulos.

Second Row Left to Right: Pavlos Logothetis, Ioannis Kaloudis, Nikolaos Girginoudis, Ioannis Papagiannakopoulos, and Rudi Zampa Sensei. Oh! Yes, and me!



Rudi Zampa Sensei jumps very well!



Left to Right: Ruth Weixler, Dr. Dimitrios Zaharopoulos and I spent some non-karate time...

It was a good day! October 24th

The Next Day...



Before training, Rudi Zampa Sensei visited our dojo... as it is the custom here, first we had some coffee and tea with some Austrian chocolates... and then, we proceeded to show off our training area!



Then, Rudi Sensei struck a pose in our outdoors Bubishi Dojo (it's actually a rooftop...) What an honor!



Dr. Zaharopoulos and Theodorou Sensei taught Rudi Sensei Hamahiga no Tunfa and became friends for life... I simply enjoyed watching them... October 25th



And, when it was all over, Dr. Dimitrios Zaharopoulos offered his own Tunfa as a personal gift to Rudi Sensei... Yes, Rudi Sensei was surprised, and pleased... October 25th



Congratulations to Uechi Ryu Karate Do practitioner, Antonis Tzounis, who officially completed all government paperwork and opened his first Uechi Ryu Dojo in Volos. We will be visiting Argo Dojo on January 31st for three hours of Ryu Kyu Kobudo Training and Testing! We are proud of you! Banzai!



沖縄空手道協会 (冲空会)
アルコ道場・ギリシャ (上地流)

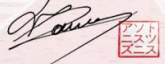


OKINAWA KARATE-DO KYOKAI (OKIKUKAI)
ARGO DOJO GREECE (UECHI-RYU)

ΠΡΟΣΚΛΗΣΗ

Με χαρά σας προσκαλούμε στην επίσημη έναρξη του Argo Tode Dojo που θα γίνει το
ερχόμενο Σάββατο, 14 Νοεμβρίου 2015 και ώρα 11:00. Θα πραγματοποιηθεί ομαδική
εξάσκηση στα βασικά του Στυλ Uechi-Ryu Okinawa Karate (沖縄唐手) και συζήτηση πάνω σε
θέματα Budo και πολεμικών τεχνών.

Με εκτίμηση,



Αντώνης Τζούνις
Ni-Dan ShidoIn
Okinawa Karate-Do Kyokai



Sankt Pölten, Austria, My Second Home, Round III, December 17th – 21st



The event was named “All About Sai”. We studied the Sai Basic Skills, Chatan Yara no Sai, a little bit of Bo vs. Sai Bunkai. PLUS, we reviewed all previously learned material!



No Words!



No Words!



A little bit of begging goes a long way...



Our Haku Sho no Kun Dantai Team! We are making huge progress!



There is nothing difficult for these participants!



A pleasure to teach; a pleasure to watch!



Even though we packed 16 hours of training, we did find time for little pleasures... after all, it's Christmas time... December 17th



Marianne Kellner Sensei and I enjoyed some time off from our busy schedules! December 17th



Saturday morning 9 AM SHARP! Participants know that I LOVE straight lines...



After nine years Dipl.-Ing. Dr. Friedrich Gsodam Sensei, Austrian Justice Manuela Fischer Sensei and I met once again! The nine years of absence made no difference... we picked up from where we had left off... our history goes as far back as 1992!



We were hungry and in hurry, but the waiter wanted to take good photos so he took each photo from three different vantage points... Next to me, Shito Ryu Robert Göslbauer Sensei has been a Life Saver as his assistance is a key reason to the success of our kobudo seminars. Across from me, Rudi Zampa sensei and I have aged in karate; we've met for the first time on Okinawa in 1993! Across from Robert Sensei is one of Robert's super dedicated practitioners Gunther Prisching Sensei. I am in great company!



It was wonderful to have Zholt Szenasi Sensei joins us for a few hours of Sai training... From the manner by which Zholt Sensei handled the Sai, I could tell he was experienced, but he was too polite to tell me... quite enjoyable... December 20th



There is always time for one more photo... Left to Right: Robert Göslbauer Sensei, Robert's teacher Zholt Szenasi Sensei, me, Judit Szenasi the wonderful spouse of Zholt Sensei, and Erhard Kellner Sensei. Thank you for coming to our Sai Seminars... December 20th



Robert Göslbauer Sensei patiently waits while Rudi Zampa Sensei seeks perfection...



Who can believe that it is their second day with the Sai?



The soon to be father Gunther Prisching Sensei breezed through his performance...



Arms completely extended as they should be! Super!

When the karate basics are clean, the karate and the kobudo kata are also clean!



An amazing first time performance with the Sai!



There is no stress in Kyu Testing. Participants are so well prepared that breeze through the event. Zentairyu Hak Director Erhard Kellner and I simply sat back and enjoyed the show!

Promotion Results: Roku Kyu 11 persons; Go Kyu 12 persons; Yon Kyu 3 persons



A most amazing gift was hand crafted by Mr. Alexander Kramer's father! Mrs. Kramer hand made large ying yang cookies, which I am sorry to say I did not take photos... however, please trust me, they were delicious!



Event Management & Dienstleistungen, husband and wife team, The Kramers! Their amazing dedication, professionalism, devotion, and attention to details are unparalleled! The Kellners are so lucky to have them!



From Hungary, Zsolt Szenasi Sensei and Szenasi Gergely Zoltán met with Matsubayashi Shorin Ryu Eihachi Ota Sensei for an informative exchange of training and a pleasant conversation over a meal. Special words of gratitude go to Ms. Mai Takeuchi for her assistance. Gardena, California, November 27th



Shito Ryu Zsolt Szenasi Sensei and Szenasi Gergely Zoltán met with my old time friend and US Karate teammate Billy Blanks! Amazing Success! Los Angeles, California, November 28th



Merry Christmas!

“If you are going through hell, keep going.”

Winston S. Churchill